

Men's	Women's
2	
3	5
3.5	5.5
4	6
4.5	6.5
5	7
5.5	7.5
6	8
6.5	8.5
7	9
7.8	9.5
8	10
8.5	10.5
9	11
9.5	11.5
10	12
10.5	12.5
11	13
11.5	13.5
12	
12.5	
13	
14	
15	
16	
17	
18	